

Information and Links for a Healthy and Safe Lifestyle

What's News

[2009 H1N1 Flu](#)

[H1N1 - Taking care of a sick person in your home](#)

[H1N1 - What to do when You get sick](#)

[Questions and Answers / Vaccine Safety](#)

[What you can do to Stay Healthy](#)

For Adults

[American Red Cross](#)

[Be Fire Smart - An Interactive Approach to Fire Safety](#)

[Centers for Disease Control and Prevention](#)

[Environmental Protection Agency](#)

[Federal Emergency Management Agency \(FEMA\)](#)

[Fire Safety](#)

[Home Safety Council](#)

[Increase Fire Safety "News Release"](#)

[Learn to use your Fireextinguisher](#)

[Safety Tips for Residents](#)

[Smoke Detectors](#)

[U.S. Consumer Product Safety Commission](#)

[U.S. Department of Energy](#)

[U.S. Fire Administration for Citizens \(USFA\)](#)

For Kids (interactive)

[Federal Emergency Management Agency \(FEMA\) for Kids](#)

[Sparky the Fire Dog](#)

[Sparky the Fire Dog\(2\)](#)

[U.S. Fire Administration for Kids \(USFA\)](#)